



**BRENDA SEEFELDT AMODEA**  
PASTOR, SPEAKER, AUTHOR OF I WISH I COULD TAKE AWAY YOUR PAIN

**"This pain is a beginning or this pain  
is a door to distrusting God."**

## Who I Am

I have worked with teens since 1981 to present. I have lived through the teen years in the 1980s, 1990s, 2000s, 2010s and now into the 2020s.

I am the mom to four now-grown men. This decision of all of my brave decisions has shaped me the most. Becoming a mom was a brave decision.

My brave decisions have led to some smashed-heart seasons of my life. Christians are not exempt from pain and pain is the beginning of growth. I wrote a unique small book about how to really help someone through a smashed-heart season. Yes, it is autobiographical but it is more practical. It's only 28 pages and has doodles.

I am the pastor of Larger Story Church, a church planted to reach teens. You can learn more about my church at:  
[http://largerstory.church/wp-content/uploads/2022/08/Prospectus\\_Final.pdf](http://largerstory.church/wp-content/uploads/2022/08/Prospectus_Final.pdf)

## Things I Love to Talk About:

- Pain has beauty in it
- Brave compassion
- Real tips to help people in pain (ask for a copy of my book)
- Curious, brave faith
- My story of daring to love and daring to forgive
- The wonder of teens
- The importance of parents passing on their faith to their teens
- Church after the pandemic